

**SPORT. ÉDUCATION. FIERTÉ.**

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**LAVAL**

## **Specific Rules and Regulations**



### **Multisports Mini-League Mini-Handball**



### ARTICLE 1 – Category

Category	Grade(s)	Gender
Mosquito	5th and 6th grade	Girls only

### ARTICLE 2 – Team Composition

- 2.1. The team is composed entirely of girls.
- 2.2. The number of players for each team is six (6) including the goalkeeper.
- 2.3. Substitutes may enter the game at any time as long as the player they are replacing has left the court.

### ARTICLE 3 - Game Format

3.1 All of the teams will play 4 games in a round robin period. After the round robin period, the eight (8) teams with the most points will access to the quarter-finals. The last team (9<sup>th</sup>) will be eliminated. The four winning teams will play in the semi-finals. The winning team will face each other in the final.

Win: 3 points

Tie: 1 point

Loss: 0 point

#### Tiebreaker procedures after round robin:

1. Total points
2. If two teams are involved in a tiebreaker, the result of the game between the 2 teams will be the tiebreaker.
3. Point differential of all the pool games
4. Teams who scored most goals (goals for)

### ARTICLE 4 – Playing time

- 4.1. The games will consist of two (2) halves of twelve (12) minutes (running time). There will be a two (2) minute break between each half.
- 4.2. There will be no over time. Even scored games will result in a tie.
- 4.3 No time-out allowed.

## **ARTICLE 5 – The Playing Court**

The typical court measures 20 meters by 40 meters. The goal area is exclusively reserved for the goalkeeper. The goal opening is 2 meters by 3 meters. Players may jump into the area if the ball is released before landing in the area.

## **ARTICLE 6 – Equipment**

5.1. Participating schools must have the following equipment :

- Suggested ball (50-52cm)
- Shirts or pinnies of the same color (players must have their shirt tucked in their shorts at all times)
- Sports shoes

## **ARTICLE 6 – Sports Laval's specific rules**

### Steps

- The player can take a maximum of 3 steps while holding the ball.

### Throws

- The free throw is made at the place where the foul was committed. Opponents must stay 3 meters away from the player making the free throw.
- The throw-in is taken from the spot where the ball crossed the sideline, or if it crossed the endline, from the nearest corner. The thrower must place one foot on the sideline to execute the throw. All opposing players must stay 3 meters away from the ball.
- The referee throw is executed when the ball touches anything above the court after a simultaneous infringement of the rules or after simultaneous possession of the ball.
- The referees will be very vigilant with regard to dangerous throws :
  - The student at fault will be assessed a penalty of 2 minutes and will be replaced.
  - If the same student comes back with a dangerous throw, he will be excluded from the game and depending on the seriousness; he can be excluded from the tournament.

### Defense

- No man-to-man defenses will be allowed.
- The team that scored must return to their defensive zone.

### The goalkeeper

- The goalkeeper can wear gloves.
- The goalkeeper's passes beyond the center of the field are prohibited.

It is forbidden to (stop of playing in the following cases) :

- Hold the ball for more than 5 seconds;
- Dribble the ball;
- Interfere with the opponent while defending with arms, hands or legs;
- Take or snatch the ball from the opponent;
- Intentionally throw the ball at the opponent;
- Push or hold the opponent;
- Enter in the goal area while in possession of the ball;
- Use inappropriate or offensive language.

Penalty shots

- There is a penalty shot when :
  - a defender takes advantage of the goal area;
  - a player is shooting and he gets push or hold by the opponent.

**ARTICLE 7 – SECURITY**

Before each game, the coach must make sure that no player is wearing jewelry (necklaces, earrings, piercings on the face, etc.)



**Rules Summary**

<b>MINI-HANDBALL</b>	
<b>1. Equipment</b>	
Ball	Size : 50-52 cm
<b>2. Players</b>	
Number of players on the field	6 vs 6 (girls only)
<b>3. Game Time</b>	
Playing time	Two halves of twelve (12) minutes (running time)
Break time	There will be a two (2) minutes break between each half.
<b>4. Court Dimensions</b>	
Regular playing court	20 meters by 40 meters.
<b>5. Defense</b>	
Man to man	Not allowed