

SPORT. ÉDUCATION. FIERTÉ.

IRSEQ®

LAVAL

**SPECIFIC RULES
2026-2027**



**MULTISPORTS MINI-LEAGUE
MINI-ICE HOCKEY**



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ACTIVITY PROCEDURE

ARTICLE 1 Officiel rules

1.1 Game rules

- 1.1.1 For all rules not specified in this document, you must refer to the game rules approved by Hockey Québec.
- 1.1.2 However, RSEQ Laval's specific rules have priority on the rules of the federation.
- 1.1.3 The administrative rules of Sports Laval must be respected by all the participating schools.

ARTICLE 2 Identification of categories

2.1 Category

2.1.1

Category	Grade
Mosquito	5 th and 6 th grade

- 2.1.2 Upgrades are permitted.

ARTICLE 3 Team composition

3.1 Composition

- 3.1.1 Each team is mixed. There is no minimum of girls on a team.
- 3.1.2 Each team must have a minimum of twelve (12) players.

3.2 Substitutions

- 3.2.1 Substitutions can be made when the game is stopped or during the play (free substitution).
- 3.2.2 If the substitution is made during the play, the player on the field must exit completely the ice before the substitute player can enter on the ice to avoid an excess of players on the game.

ARTICLE 4 Installations and equipment

4.1 Sports installations

- 4.1.1 The playing area used is a standard rink.

- 4.1.2 A goal area is determined by the lines on the ice and is to limit the actions against the goaltender.

4.2 Equipment

- 4.2.1 The official puck is a standard puck.
- 4.2.2 Pucks will be provided by Sports Laval.
- 4.2.3 Participating schools must have the same jersey for each player and goaltender.
- 4.2.4 Participating schools must have the following equipment for the players :
- (a) Skates ;
 - (b) Shin pads with hockey socks ;
 - (c) Hockey pants ;
 - (d) Pelvic area protection (jockstrap) ;
 - (e) Elbow pads ;
 - (f) Shoulder pads ;
 - (g) Neck guard ;
 - (h) Helmet with a protective face shield ;
 - (i) Hockey gloves ;
 - (j) Hockey stick.
- 4.2.5 Participating schools must have the following equipment for the goaltenders :
- (a) Goaltender skates ;
 - (b) Knee guards ;
 - (c) Ice hockey goaltender pads with hockey socks ;
 - (d) Goaltender pants ;
 - (e) Pelvic area protection (jockstrap) ;
 - (f) Elbow pads ;
 - (g) Chest protector ;
 - (h) Goaltender neck guard ;
 - (i) Mask ;
 - (j) Blocker and glove ;
 - (k) Goaltender stick.

4.3 Security

- 4.3.1 Before each game, the coach must make sure that no player is wearing jewelry (necklaces, bracelet, earrings, facial piercing, etc.)

ARTICLE 5 Games

5.1 Game format

- 5.1.1 The games are played with five (5) players and one (1) goaltender on the ice.
- 5.1.2 The game format is competitive. There will be a season of five (5) days for the round robin period where each team will be played versus other teams. After, there will be a 6th day, the final, for the elimination round with the quarter-finals, semi-finals and the final.
- 5.1.3 Every team will be present four (4) days on five (5) days. Each team will play two (2) or three (3) games during each day. For the final, all the teams will be present and will be played. A skills competition will also be organised.
- 5.1.4 For the round robin period, if there is a tie, there will not have overtime. A win game is two (2) points, a tie game is one (1) point and a loss game is 0 point.
- 5.1.5 If there is tiebreak between two (2) or more teams after the round robin period, here is the procedure to apply. Once the 1st team has been identified, a 2nd tiebreaking round must restarted with the other teams with the 1st criteria :
- (a) Total points : how many points have each team. The team who have more points moves on ;
 - (b) The team who have more victories moves on ;
 - (c) If two (2) teams are involve in a tiebreaker, the team who win the game will moves on ;
 - (d) The team with the less goals conceded moves on ;
 - (e) The team with the most goals scored moves on.
- 5.1.6 For the elimination round, tie games will go in overtime. There will be five (5) minutes overtime (running time) of 3 vs 3. If it is tie again, each team will select three (3) players for shoot out. They will continue until a goal is scored.

5.2 Playing time

- 5.2.1 The game will consist of two (2) periods of twelve (12) minutes (running time). The last minute of the second period is stop-time only.
- 5.2.2 There will be a two (2) minutes warm-up before the puck drops. There will be a one (1) minute break at half time.
- 5.2.3 No time-outs are allowed.

5.2.4 The time will be stopped only for injury. The time will continue if there is a penalty shot.

5.2.5 For the second period, the teams will be switched of the side on the ice.

5.3 Refereeing

5.3.1 The referees will be determined by Sports Laval.

5.3.2 All periods must begin with a faceoff in the center of the field.

5.3.3 The decision of the referee is final, no protests will be accepted.

5.3.4 Only the captain of the team is authorized to speak to the referee concerning rule clarifications or interpretations.

5.4 Score

5.4.1 Each goal is one (1) point.

ARTICLE 6 Awards

6.1 Banners

6.1.1 Each team will receive a participation banner. The teams in final will receive a finalist banner and champion banner.

HOW SPORT WORKS

ARTICLE 7 Specific rules

7.1 Penalty

7.1.1 For every reprehensible action (minor penalty), a penalty shot will be given to the opposite team. After the penalty shot, a faceoff will be made by the referee.

7.1.2 The player who receives a major penalty is automatically expelled from the game.

7.1.3 No offensive language (insults, threats, etc.) towards the referees, the players, the coaches and the spectators is authorized. If a disciplinary sanction must be applied, Sports Laval will decide the sanction applied according to the regulation 7.5.6 of Hockey Quebec.