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LAVAL

Specific Rules and Regulations



Multisports Mini-League Mini-Ice Hockey



Last update : November 6, 2023

ARTICLE 1 – Category

Category	Grade(s)
Mosquito	5th and 6th grade

ARTICLE 2 – Team Composition

- 2.1. The minimum number of players for each team is twelve (12).
- 2.2. The games are played with five (5) players and one (1) goaltender on the ice.
- 2.3. The participating teams may be mixed. There is no minimum of girls on a team.

ARTICLE 3 - Game Format

The season have 6 days competition of which the last day is the final. The game format is a round robin who each team will be played versus the others teams. Every team will be present four (4) days on five (5) competition days.

Each team will play two (2) or three (3) games during each competition day. After the round robin period, it will be the final (playoffs). It will have quarter finals, semi-finals and the final. All the teams will be present and will be played. A skills competition will also be organised.

Win: 2 points Tie: 1 point Loss: 0 point

ARTICLE 4 – Playing Time

- 4.1. The games will consist of two (2) periods of twelve (12) minutes running time. The last minute of the second period is stop-time only.
- 4.2. There will be a two (2) minute warm-up before the puck drops. There will be a two (2) minute break between each half.
- 4.3. There will be no overtime. Even scored games will result in a tie.
- 4.4. Substitutions can be made when the game is stopped or during the play.
- 4.5. No time-out is allowed.

ARTICLE 5 – Equipment

5.1. Each team is responsible for their players' equipment. The required equipment is the same as the one in the Atom level.

ARTICLE 6 – Game rules

6.1. The regulations applied are those of the Quebec Federation of ice hockey.

6.2. The decision of the referee is final, no protests will be accepted.

6.3. Only the captain of the team is authorized to speak to the referee concerning rule clarifications or interpretations.

6.4. The player who receives a major penalty is automatically expelled from the game.

6.5. For every reprehensible action (minor penalty), a penalty shot will be given to the opposite team.

6.6. No offensive language (insults, threats, etc.) towards the referees, the players, the coaches and the spectators is authorized. Referees will determine which offensive language is liable for a warning and an expulsion.